



**Alzheimer
Scotland**

Action on Dementia

Events for December 2019

DANCING IN THE AFTERNOON

Tuesday 3rd December, 2-3pm, Edward Thomason House

SCALLOWAY OVER 60s

Wednesday 4th December, 2-4pm
Scalloway Youth & Community Centre

WHEN I PAINT I REMEMBER

Friday 6th December, 2-3.0pm
Shetland Museum & Archives,
In collaboration with Shetland Museum & Archives

MEMORY LANE CAFÉ – NORTH MAINLAND

Monday 9th December, 10am-12 noon, Moorfield Hotel, Brae

DOES DU MIND?

Wednesday 11th December, 2-3.30pm, Shetland Museum & Archives
Join us to Reminisce about Christmas.
In collaboration with Shetland Museum & Archives

MEMORY LANE CAFÉ – LERWICK

Thursday 12th December, 10am-12 noon, Baptist Church Quoys

CARERS GROUP AND POSITIVE DEMENTIA GROUP

Monday 16th December, Lerwick Hotel
Join us for Christmas Lunch 12 for 12.30 start.

TEA & BLETHER

Thursday 19th December, 10am-12noon, Dementia Resource Centre
Join us for a session on how to manage Christmas and Dementia

KNITTING GROUP

Thursday 19th December, 2-4pm, Dementia Resource Centre

MEMORY LANE CAFÉ – SOUTH MAINLAND

Friday 20th December, 11am-2pm, Overtonlea Day Care

Making sure nobody faces dementia alone.