



**Alzheimer
Scotland**

Action on Dementia

Events for February 2019

WHEN I PAINT I REMEMBER

Friday 1st February 2-3.30pm, Shetland Museum & Archives
In collaboration with Shetland Museum & Archives

DEMENTIA FRIENDS AWARENESS SESSION

Monday 4th February 7.30pm, Whiteness Public Hall
Open event – hosted by the Whiteness & Weisdale SWI

MEMORY LANE CAFÉ – LERWICK

Thursday 7th and 21st February 10-12noon, Baptist Church Quoys

DOES DU MIND?

Friday 8th February 2-3.00pm
Football Memories with the 100 Anniversary Football Exhibition
Shetland Museum & Archives
In collaboration with Shetland Museum & Archives
Please note change of day

MEMORY LANE CAFÉ – NORTH MAINLAND

Monday 11th February 10-12noon, Moorfield Hotel, Brae

STEPPING OUT CLUB

Thursday 14th February, Burravoe Public Hall, Yell

MEMORY LANE CAFÉ – SOUTH MAINLAND

Friday 15th February 11am-2pm, Overtonlea Day Care

CARERS GROUP AND POSITIVE DEMENTIA GROUP

Monday 18th February 3-4.30pm, Lerwick Hotel

MEMORY LANE CAFÉ – WEST MAINLAND

Friday 22nd February 11am-2pm, Walls Methodist Church, Walls
As guests of the café in the church

KNITTING GROUP

Thursday 28th February 2-4pm, Dementia Resource Centre, Burgh Road

SAVE THE DATE

Sunday 17th March 1-5pm, 'Ladies who Lunch'
At the Dowry...more details to follow.

Making sure nobody faces dementia alone.