



# Lerwick Health Centre

Did you know you can get a text message reminder for your appointments?

All you have to do is complete the simple form below with your mobile number and details and we will send you an automatic reminder of your appointment.

If you then need to cancel for any reason, you can do that from your mobile phone.

Print and complete the form and return it to the Lerwick Health Centre reception desk or pick up a form from the Health Centre today.



Text Message Appointment  
Reminders

We are always trying to look at ways to improve our service and over the coming months we are hoping to extend a system where we will remind patients of their appointments by the use of text messaging.

The text will contain no personal information, only the time and date of your appointment. If you are going to attend your appointment you do not need to do anything but if you wish to cancel you will be asked to contact the Health Centre either by text or phone to inform us.

If you would like to take advantage of this service and you are over 16 years old, please complete the details required below and return to the reception desk at Lerwick Health Centre.

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I would like to be reminded of my appointment at the Lerwick Health Centre by text.

Signed.....

Name (PRINTED).....

Mobile Phone Number.....

Date of Birth.....

If you require any further information on this please do not hesitate to contact:

Lisa Watt,  
Primary Care Manager,  
Lerwick Health Centre  
01595 743209  
Email: [e.watt1@nhs.net](mailto:e.watt1@nhs.net)

(Please note this service is only for patients over 16 years old and we cannot use this system to remind patients or guardians of their children's appointments. It is the responsibility of patients to inform Lerwick Health Centre if their mobile phone number changes) Thank you.